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Volume 5, Number 2 *January 27-February 9, 1990*

UCSF Newsbreak

Examining the Black Health Crisis

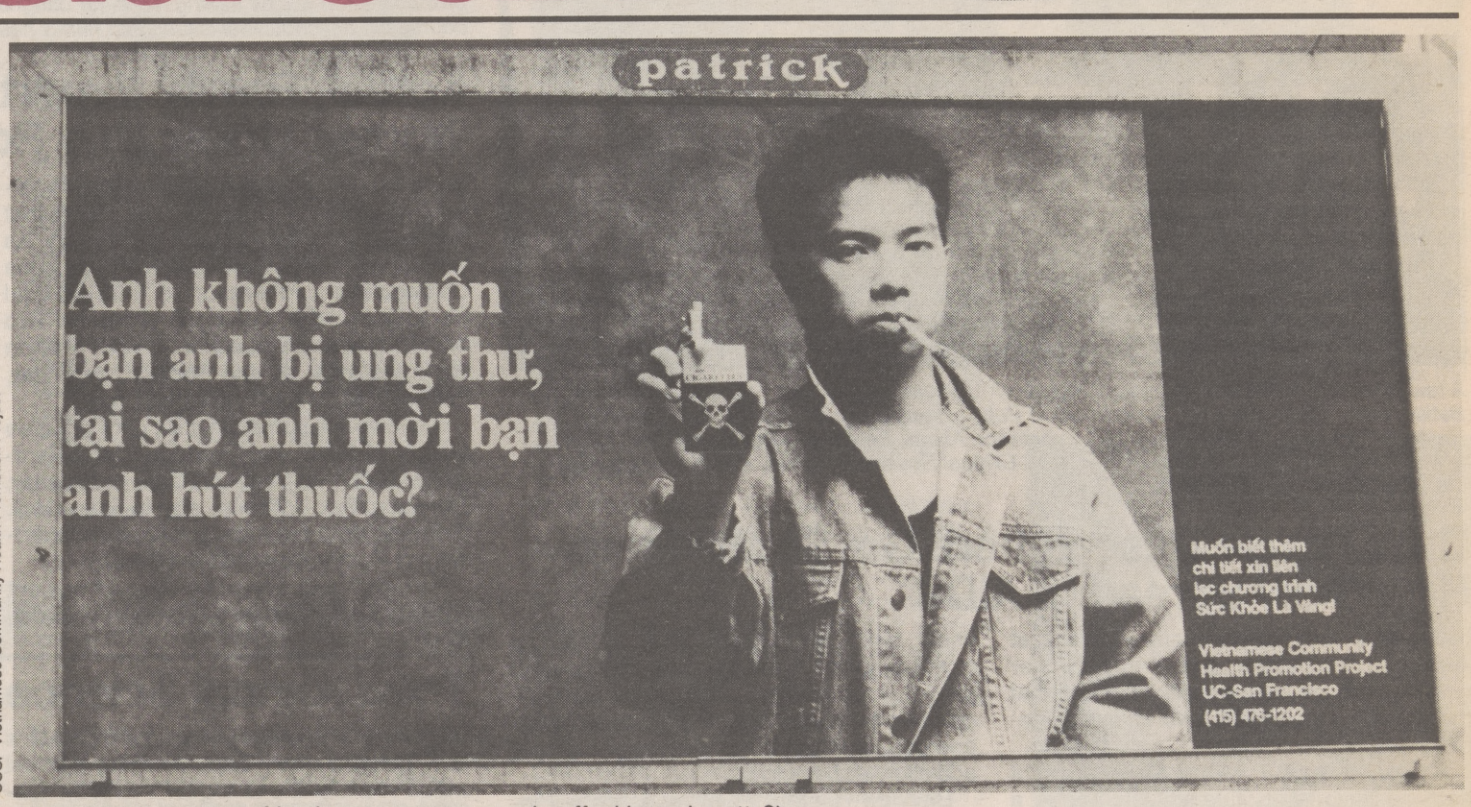
The School of Nursing will join the campus celebration of Black Heritage Month by sponsoring a symposium to celebrate and inspire black nurses and to address crucial health care issues in the black community. The free public program, "Health Care Crisis in the Black Community: Challenges, Prospects and the Black Nurse," will be held on Friday, February 23, from 9 a.m. to 4 p.m. in Toland Hall.

The program will feature several nationally known black nursing leaders, including keynote speaker Dorothy Powell, dean and associate professor of the Howard University College of Nursing (also slated as this year's Regents Lecturer in the School of Nursing); Sharon Richie, a colonel in the Army Nurse Corps and current chief of the clinical nursing division at Walter Reed Army Medical Center (soon to become the new chief nurse at Letterman Hospital); as well as several black graduate students currently enrolled in the School of Nursing.

Program coordinator DeLois Weekes, assistant professor, nursing, who recently received her doctorate in nursing science at UCSF, says the symposium has dual purposes. It is a vehicle to inspire black nurses into higher education by providing outstanding role models, and is a forum for discussing health care issues in the black community. This year's discussion will include HIV transmission among black heterosexuals, family crises resulting from substance abuse, sexual diseases among adolescents and a variety of women's health issues.

A reception will follow the program. Four units of continuing education credit will be available for a $25 registration fee (waived for full-time students). There will be no charge to the general public to hear the speakers. For further information call Weekes, x64697.

For more information on Black Heritage Month, which is part of UCSF's 125th Anniversary celebration, see inside calendar, page 5.



UCSF Vietnamese Community Health Promotion Project

"You wouldn't want your friend to get cancer—so why offer him a cigarette?"

First US Billboard in Vietnamese

Looking real tough in a blue denim jacket, a young Vietnamese man dangles a cigarette from his mouth, holds up his favorite pack of smokes, and gives an obstinate stare.

It's a new billboard at Larkin and Eddy Streets. It's geared to the young, as many cigarette billboards are, but this one is different. The cigarette pack has a skull and crossbones on it and the message is clear and simple: "Smoking Kills."

Touted to be the first in this country in Vietnamese, the billboard is the work of the UCSF Vietnamese Community Health Promotion Project. Recently featured in the *San Francisco Examiner* and on KRON-TV, the billboard and its anti-smoking message is part of a larger anti-tobacco campaign funded by the State of California and aimed at the Bay Area's sizeable Vietnamese community.

"If you walk in this neighborhood," explains Tran Van Nam, assistant director of the project, "you'll notice that most of the Asian men here smoke." He describes a recent survey of Vietnamese which found that 56 percent of the men smoke. This is more than twice the rate among men in California in general. "What we're afraid of is that in 10 or 20 years, we may see an epidemic of lung cancer, heart disease and other tobacco-related illnesses in this population."

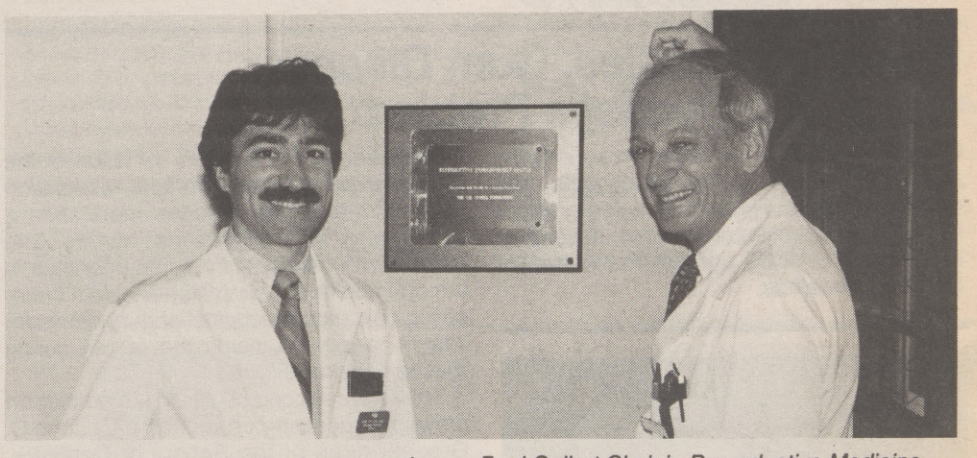
Since 1971 cigarette advertising has been banned on TV and radio. Thus the most advertised product on billboards these days is cigarettes.

Project assistant Ngoc-The Ha Bonilla stands near the billboard and is pleased that finally something is being done. However, she looks across the street at another billboard only to see smiling, handsome black models gleefully holding cigarettes above the

(continued on page 2)



DeLois Weekes with William Shanks, one of the symposium speakers. A helicopter pilot for 21 years, Shanks retired in 1976 and decided to pursue a career in nursing. Due in part to a family history of colon cancer, his career interest has been oncology nursing. He now is a clinical cancer resource nurse at Oakland's Highland Hospital, and is working on his master's degree at our School of Nursing to become an oncology clinical nurse specialist. His topic at the symposium will be "Challenges in Adult Acute Care: Stress & Hospitalization in Black Cancer Patients."



Robert Jaffe, who holds the department's new Fred Gellert Chair in Reproductive Medicine and Biology, (right) with Robert N. Taylor, one of the researchers now occupying the new labs.

New Labs in Reproductive Endocrinology

On January 10 the Department of Ob/Gyn and Reproductive Sciences celebrated the opening of new laboratories in the Reproductive Endocrinology Center—the W.M. Keck Laboratories for Reproductive Neuroscience and the W.M. Keck Laboratories of Reproductive & Developmental Molecular Biology.

"These new labs will provide us with an innovative and pioneering research facility at the Center, which already ranks among the top five reproductive science research centers in the country," says director Robert Jaffe, professor and chair of the department.

Jaffe explained that the labs will allow researchers to focus on topics such as how hormone signals control placental invasion, fetal development, menstrual cycles and ovulation. Using recently developed molecular techniques, scientists hope to discover the means by which genes controlling these processes can be turned on and off—perhaps leading to new methods of enhancing or blocking fertility and treating uterine, breast and prostate cancers.

In addition, the researchers in the new Keck Laboratories will continue to explore mechanisms by which the brain regulates hormone secretion, using techniques such as transgenic mice that have tumors which produce brain hormones.

The Center also has appointed its first W.M. Keck Fellows in Molecular Genetics—Sam Mesiano and Gail Mezrow—who are involved in studies of cell growth using recombinant technology, including in situ hybridization, and use of transgenic mice to study regulation of peptide hormones in the brain.

Most Successful United Way Campaign Ever

November's United Way Campaign was UCSF's most successful ever with nearly 3,800 faculty and staff contributing $283,000. This is the most ever contributed by our campus to United Way and exceeds last year's total by a whopping 19 percent. "These numbers are particularly impressive, says Chancellor Krevans, "considering that the campaign was launched less than three weeks after the earthquake."

With many members of the campus community already contributing to earthquake relief and others personally affected financially by the devastation, nearly 40 percent of our faculty and staff rallied to support the campaign.

"After the earthquake we considered rescheduling our United Way campaign," explained Krevans. "However, the needs of the health and human service organizations in the Bay Area were greater than ever, and our campaign went on as planned. The results have demonstrated that in a time of crisis, members of the UCSF family are willing to do all they can to help with their friends and neighbors."

Krevans and Vice Dean William K. Hamilton, campaign chair, thank everyone who contributed plus those faculty and staff in every unit and department on campus who worked hard to make the campaign a success in a year of unusual need.



A few members of the new Treatment Research Unit are (left to right) Sharon Hall, Steven Batki, Wayne Clark of the SF Department of Public Health, Allyson Washburn of Bayview Hunters Point, Don Tusel of the VAMC Substance Abuse Treatment Unit, James Sorenson, and John Ziegler, director of the UCSF AIDS Clinical Research Center, who is a member of the TRU science advisory board.

Drug Abuse Researchers Get $9 Million to Help Slow Spread of AIDS

In the Bay Area alone, there are at least 16,000 IV drug users. Out of that number nearly 2,500 are infected with HIV. And that number will undoubtedly soar unless something is done . . . now.

Thanks to a $8.7 million five-year grant from the National Institute on Drug Abuse, a new San Francisco Treatment Research Unit soon will be set up, where UCSF researchers will help drug abusers get off drugs, stay off drugs, and thus slow the spread of the disease.

The new Treatment Research Unit (TRU) will be a collaboration between SFGH and the VAMC, the Bayview-Hunters Point Foundation, and the San Francisco Department of Public Health. UCSF psychologist James Sorenson, chief of the SFGH substance abuse service, will serve as principal investigator. UCSF psychologist Sharon Hall, a drug abuse specialist at the VAMC, will be co-principal investigator.

Projects at the TRU will include a new clinic at the VAMC capable of caring for 75 patients at one time, while offering innovative new drug abuse treatments to both veterans and non-veterans. Patients will include IV drug users, who can contract AIDS by sharing contaminated needles, and those who smoke crack cocaine. Researchers will develop and evaluate ways to change behavior and experimental drugs that may help fight addiction and cravings.

Bayview-Hunters Point research will include studies on acupuncture and on ethnic issues in drug abuse, while research at SFGH will focus on AIDS treatment and prevention. SFGH studies will be directed by psychiatrist Steven Batki, medical director of the SFGH substance abuse service.

As one of eight centers chosen by the NIDA for the new drug abuse grants, UCSF will participate in a number of nationwide studies.

Meanwhile, the new TRU is offering funds averaging $10,000 per project for pilot research studies on AIDS and substance abuse treatment. Priority will be given to pilot studies that have the potential of leading to full scale independently-funded projects. Application deadlines are February 1, June 1 and October 1. For an application contact the TRU administrator at LPPI, Box TRU-0984, or call x67335.

Reducing Cavities, Gum Disease: Not Just a Dentist's Problem

Cutting down on tooth decay and gum disease is not just a matter for dentists and dental hygienists. Rather, it's a team effort involving also doctors and nurses, according to a report by UCSF and US Public Health Service specialists.

Published in the January 19 issue of the *Journal of the American Medical Association (JAMA)*, the report includes more than a dozen ways that physicians, nurses, and other health care providers can intervene in the oral health of their patients—from counseling new parents against sugary drinks for infants to looking inside the mouth during routine physical exams.

This is the second of two *JAMA* articles on preventive dentistry co-authored by John C. Greene, dean of the School of Dentistry; Samuel Wycoff, chair of the dental school's Department of Public Health and Hygiene; and Reginald Louie of the US Public Health Service. Part one appeared in the December 22 issue.

"Our objective in these preventive dentistry articles is to get members of the medical team to examine the mouth and help encourage patients to see a dentist before any oral health problem is out of control," explains Greene.

In their earlier article, the authors note that many people are more likely to be seen by a physician or a nurse than by a dental professional in any one-year period, especially infants and toddlers, whose eating habits and mouth hygiene during their early years can be crucial in controlling tooth decay. The authors add that while oral diseases are among the most common health problems, they often are overlooked or underestimated by the public and many doctors and nurses, possibly because they are seldom life-threatening.



Living the Dream

If Nicole Hersch (left) and Reyna Gillead didn't totally understand the MLK, Jr. Week performances last week at the Hansberry Theater, they got the general feeling: "Something special was happening and it had to do with freedom." See page 6 for more pictures of this week-long campus celebration.



Kim (seated) with her two daughters Jean (left) and Sue, her husband Linsu and son Lin. We probably soon will be seeing her older daughter on campus, as she plans to take a few nursing courses in psychosocial issues and family health care.

Korean Family Expert to Discuss Two Women Under One Roof

Susie Kim, a Korean nursing leader and international expert on family issues, will present two free public lectures during February. As the School of Nursing's Lucile Petry Leone Distinguished Professor in International Nursing for 1990, Kim will present "Two Women Under the Same Roof: The Family in the Transitional Korean Society" on Friday, February 16, at 9 a.m. in Toland Hall.

Kim also will speak on child care in Korea as part of the School's annual Carol Hardgrove Lecture on Child Day Care on Tuesday, February 20, at 4:30 p.m., also in Toland Hall. Both programs are sponsored by the Department of Family Health Care Nursing.

Professor and associate dean of student affairs at Ewha Woman's University in Seoul, Kim will be on campus through February 28. As the current recipient of a Fulbright Senior Research Award, she is studying nursing interventions for surgical pain, and is looking at how diffferent ethnic groups experience pain.

Kim is one of very few doctorally prepared nurses in Korea, and is considered an expert on women and the health care system, family mental health, spiritual aspects of care, nursing education and nursing research. She currently serves as second vice president of the Korean Nurses Association and president of her local chapter of Sigman Theta Tau, the international nursing honor society.

Both the Leone and Hardgrove lectures this year are part of UCSF's 125th Anniversary celebration.

Third Annual Science Teaching Contest

All the information you need on this year's SEP Science and Health Teaching Contest will be yours for the taking on Thursday, February 8, at 4 p.m. in the Millberry Conference Center. UCSF faculty and staff who are interested in participating in this enjoyable and rewarding experience are invited to attend this third annual kickoff.

As in the past two years, teams of middle school and high school students across San Francisco soon will be developing and presenting science and/or health lessons to their classes. UCSF health professionals and scientists help students design their presentations and also serve as primary judges of the class lessons.

The aim of the contest is to get students working in teams to experience the fun of science, and to examine a subject in depth by developing lessons for their classmates or younger students.

Organized by the UCSF Science and Health Education Partnership (SEP), the contest distributes $5,000 in prize money to winning students, thanks to the Gordon Tomkins Fund in the Department of Biochemistry.

For further information call SEP at x60300.

Troy Daniels Award to FDA's Gilbertson

The Food & Drug Administration's William E. Gilbertson has been awarded the 1989 Troy C. Daniels Medal from the School of Pharmacy. The honor annually goes to a person who has made extraordinary contributions to the pharmacy profession. Gilbertson, a 1965 School of Pharmacy graduate, directs the FDA's Division of Over-the-Counter Drug Evaluation, a position he has held for nearly 13 years, and is recognized as the agency's spokesperson on issues involving OTC drugs.

Billboard *(continued)*

message "Alive with Pleasure!"

"That's part of the problem," says Bonilla. "As fewer Americans smoke, the tobacco companies are trying to boost sales by segmenting the market and targeting minorities. Our billboard is an attempt to counter this tactic."

The Vietnamese Community Health Promotion Project began four years ago as the Vietnamese Community Cancer Prevention Project thanks to a grant from the American Cancer Society and the hard work of project director Chris Jenkins, a senior public administration analyst, and principal investigator Stephen J. McPhee, associate professor, medicine. The project changed its name in 1988 when the state funded it for another four years.

The anti-smoking project now includes articles in the Vietnamese-language newspapers, appearances on Vietnamese-language TV, and brochures. For further information visit the staff at 2340 Irving Street or call x61202.

The man on the billboard? No, he's not "21 Jump Street" star Dustin Nguyen as reported in the *Examiner*, but instead Scott Nguyen, a second-year UCSF dental student. (Oh, he doesn't smoke.)

Sir Roger Bannister is Regents Lecturer

A former track star, now one of England's top clinical neurologists, Sir Roger Bannister will be on campus in February as a Regents Lecturer in the Department of Neurology. Bannister will deliver the Regents Lecture entitled "Medicine, Science & Sport" on Tuesday, February 13, at 2 p.m. in Cole Hall.

Bannister is Master of Pembroke College, Oxford. His recent work has focused on disorders of the autonomic nervous system. He has received many honors, both in England and the US, but first became prominent as an outstanding track star in the 1950s. While on campus, Bannister also will take part in neurology's postgraduate course from February 14 to 16.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover February 10-23, 1990, will be on Tuesday, January 30, at 11 a.m. Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Michele Firpo, all at Box 0462. Last-minute copy can be taken over the telephone by calling x61541 or x62557.

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Michela Reichman, Assistant Chancellor—Communications

Gazette

Honors & Awards



Havassy

Barbara E. Havassy, associate adjunct professor, psychiatry; associate director, clinical services research post-doctoral training program: Elected a fellow of the American Psychological Association in recognition of outstanding and unusual contributions to the science and profession of psychology.

Samuel Barondes, chair, psychiatry: Named president of the McKnight Endowment for Neuroscience. The Endowment supplies funds to help young faculty establish labs and to assist in mid- and late-career development.



Oda

Dorothy Oda, professor & acting chair, mental health, community & administrative nursing: Winner of the 1989 Distinguished Service Award from the American School Health Association and elected to its board of directors and executive committee.

Charles Hine, clinical professor emeritus, occupational medicine & toxicology: Chosen as Medical Alumnus of the Year by the Wisconsin Medical Alumni Assn. He also was cited for Distinguished Achievement in the Biological Sciences by St. Norbert College, Wisc., will receive the Distinguished Teaching Award from the Society of Toxicology, and late last year received the Health Achievement in Occupational Health Award from the American Academy of Occupational Medicine.

In Memoriam

Theodore A. Tromovitch, clinical professor, dermatology. A member of the UCSF faculty since 1963, he is credited with creating a surgical technique to remove skin cancers which is less painful and reduces scarring. This improved microsurgical technique, which he developed in the 1960s, now is widely used across the country. Tromovitch regularly taught the technique to surgeons from around the world in a one-year UCSF fellowship program.

James Bruce, former lab assistant IV & administrative assistant, physiology. A member of the department for 37 years, his career saw the transition from smoked paper and shellacked records to contemporary electronic record makers and oscilloscopes. He was responsible for all supplies and equipment for both the teaching and research functions of the department and played an essential role in organizing the department's move from UCB to UCSF in 1958. He retired in 1983.

Robert Yang, fourth-year medical student. Yang was fatally stabbed in Indonesia while on his way to a preceptorship at McCormick Hospital in Thailand. He had been a member of the Asian Health Caucus and the School of Medicine Admissions Committee. Funeral arrangements are being made for Sat., Jan. 27, at 10 a.m. at the Lima Family Sunnyvale Mortuary, 1315 Hollenbeck Rd., Sunnyvale. For further information call x68085.

Publications

Bertram G. Katzung, professor, pharmacology: Editor, *Basic & Clinical Pharmacology 1989*; co-author with **Anthony J. Trevor,** professor, pharmacology & toxicology: *Pharmacology: Examination & Board Review* (both Appleton & Lange, Norwalk, CT, 1989).

Schmid to Receive Friedenwald Medal

Rudi Schmid, associate dean of international relations, will be presented the Julius Friedenwald Medal of the American Gastroenterological Association at its annual meeting on May 14. The medal, named for one of the Association's founders, honors Schmid's contributions to teaching, research and to new knowledge about liver function and disease.

Schmid is internationally renowned for his work in liver disease, particularly on hepatic metabolism and transport of porphyrins, heme, hemoproteins and bile pigments. A member of the National Academy of Sciences, he served as UCSF chief of gastroenterology from 1966 to 1983, as director of the UCSF Liver Center from 1975 to 1983, and dean of the School of Medicine from 1983 to 1989.

This month Schmid also was made an honorary professor of the Peking Union Medical College in Beijing, People's Republic of China, and just last Friday won the Lucie-Bolte Prize from the German Association for the Study of the Liver for outstanding contributions to the understanding of the liver and liver disease.



David Powers

Rainin Fellowship

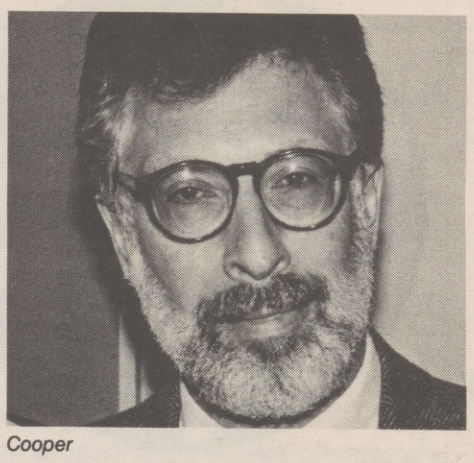
The UCSF Foundation has just received $250,000 for a Rainin Research Fellowship in Human Immunology. Kenneth Rainin, president of Rainin Research Group in Emeryville, has been a generous patron of the arts and sciences in San Francisco for years.

According to Edward J. Goetzl, the Robert L. Kroc Professor of Medicine and director, allergy and immunology, Rainin was attracted to UCSF by the excellence and balanced interactions of the clinical and basic scientific programs. Goetzl will chair the committee charged with the annual selection of the Rainin fellows.

Overweight Teens

Shapedown, a series of classes for overweight children and teens will begin in February on campus. The series focuses on weight management through dietary changes, exercise, positive self-image, and behavior modification. Preregistration and individual assessement of children ages 6 to 13 now is underway with weekly group classes being organized on Thursdays from 5-7:30 p.m. for 10 weeks. The series for teenagers opens with an orientation for teens and parents on Tuesday, February 13, 4-5 p.m. with regular classes continuing on Tuesdays for the following 12 weeks from 4-6 p.m. To preregister call x61482.

Appointments



Cooper

Richard Cooper, acting University librarian. Cooper came to UCSF six years ago as associate university librarian after heading UCB's East Asiatic Library. Cooper will continue to be closely involved in the planning and construction of UCSF's new library and will manage the transition to the new building, which is scheduled for completion September of this year. He also plans to bring on-line in September GALEN, an electronic network integrating all the library's on-line information systems with those of the campus and medical community. Cooper fills the position left vacant by the death of David Bishop last November.

Mimi WheiPing Lou, acting executive director, Center on Deafness. She started at the Center in 1980 as director of research, becoming director of training in 1988. Lou will continue integrating the research on psychological aspects of deafness with the mental health and clinical services the Center offers. She also plans to increase awareness and understanding of the psychological and sociological aspects of deafness both at UCSF and nationally. Lou has a PhD in developmental psychology from UCB. She replaces Laurel Glass, professor emeritus, anatomy & psychiatry, who now is principal investigator of a new LPPI research project on adaptation to adult onset hearing loss.



Rice

Lorie G. Rice, assistant dean for professional relations & advancement, School of Pharmacy as of Feb. 1. A specialjst in health policy, Rice has been executive officer of the California Sate Board of Pharmacy for the past six and a half years, and in her position at UCSF she will serve as a liaison between the School of Pharmacy, the state legislature, state regulatory agencies and city agencies. Both Rice's BA in sociology and her Master's of Public Health are from Cal State Northridge.



Lou

Contracts & Grants

Information on contracts and grants is made available to this paper through individual departments, researchers or the funding agency.

Christopher C. Benz, assistant professor, medicine: Grant from the American Cancer Society, $120,000 for *Action of Chemo-Endocrine Agents on RNA Transcription & Maturation in Human Breast Cancer Cells.*

Thomas P. Bersot, assistant professor, medicine & Gladstone Foundation: $72,000 from the William M. Keck, Jr. Foundation to support clinical studies of patients with familial defective apo-B100.

Claire D. Brindis, co-director, Center for Population & Reproductive Health Policy, Institute for Health Policy Studies; assistant adjunct professor, pediatrics: $250,000 from the Carnegie Corporation for *Evaluation of Comprehensive School-Based Health Centers in California.*

George H. Caughey, assistant professor, medicine & CVRI: $225,000 Research Scholars Award from RJR Nabisco, Inc. for *Investigation of the Role of Mast Cell Proteases in Airway Disorders.*

Susan B. Masters, assistant research pharmacologist, pharmacology: $90,500 Junior Faculty Research Award from the American Cancer Society for *Mutational Analysis of the Structure and Function of G Proteins.*

Jane Norbeck, Dean, School of Nursing; professor, mental health, community & administrative nursing: $98,018 from NIH-NCNR for *Predictors of Pregnancy Complications in Lower SES Women—II.*

Joel Picus, research fellow, CRI: $69,000 Physician's Research Training Fellowship from the American Cancer Society for *Investigation of the Mechanism of Clonal Deletion in the Immune System.*

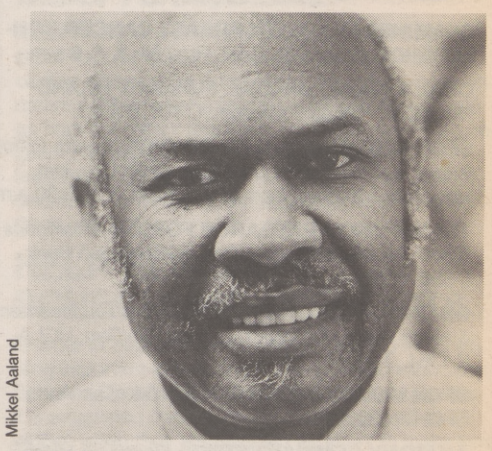
Marilyn Savedra, associate professor, family health care nursing: $117,621 from NIH-NCNR for *Children's Pain: Measurement of Analgesic Effectiveness.*

Rick Zawadski, lecturer, physiological nursing: $86,189 from DHHS-NCHSR for *National Adult Day Care Center Census: Phase II, Data Analysis & Reporting.*



Mikkel Aaland

Knapp



Mikkel Aaland

Sinclair

New Posts for Two Dental School Faculty

John Knapp (left) and Phoenix Sinclair (right) have been appointed to new School of Dentistry posts, both involving alumni relations. Knapp, an assistant clinical professor of dental public health & hygiene, has been appointed associate dean for continuing dental education and alumni. He has been with the dental school faculty since 1979. Sinclair, an associate clinical professor of restorative dentistry, holds the new post of coordinator of alumni relations. He joined the faculty in 1976.

Today/Tomorrow

27 Saturday

ANESTHESIA MORBIDITY & MORTALITY CONFERENCE. HSW 301. 8-10 a.m.

ORTHOPEDIC SURGERY GRAND ROUNDS. Seton Medical Ctr. Aud. 8-9 a.m.

WOMEN'S RESOURCE CENTER WORKSHOP: *Breaking Down the Barriers: Building Alliances.* Lillian Roybal Rose, counselor, educator & consultant in cross-cultural communication. S 758. 10 a.m.-5 p.m. $20-$40. Call x60400 for information, x65836 to register.*

29 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs only $50. To make an appointment call 990-0459 or x62193 between 9 a.m. and 3:30 p.m.

The van will be at the following locations for the next two weeks:

- Jan. 29-Feb. 2: Marina Green, in parking lot near Fort Mason.
- Feb. 5-9: UCSF Laurel Heights, 3333 California St., in parking lot on left.

OTOLARYNGOLOGY GRAND ROUNDS: *Eyelid Repair Techniques.* Stuart Feiff, Oph. *Facial Defects & Flap Coverage.* William Lineweaver, Plast. Surg., Davies Med. Ctr. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. Rm. 2A56. 8:30-9:30 a.m.

OVEREATERS ANONYMOUS MEETING: *The "H.O.W." Concept.* A more structured approach to over-eating. Speaker & discussion. N 417. Noon. Call Lia, x64251.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

DERMATOPHARMACY SEMINAR: *Skin Penetration of Compounds from Soils.* Daniel A.W. Bucks, Derm.; Ronald C. Wester, Derm. & Schl. Pharm. HSE 733. 12:10-1 p.m.

CORE CURRICULUM IN HEMATOLOGY: *Hematopoiesis.* Shirley Embury, Lab. Med. *Development of Bone Marrow Cells.* Dorothy Bainton, Path. L 535. 2-3:30 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *Molecular Approaches to Parasitic Disease.* Nina Agabian, Pharm. Chem., Biomed. & Env. Hlth. L 535. 4-4:40 p.m.

TOXICOLOGY SEMINAR: *Genetic Determinants of DNA Damage in Human Cells Treated with Epoxides.* John Wiencke, Epid. & Biostat. S 214. 4 p.m.

URORADIOLOGY CONFERENCE: Emil A. Tanagho & Hedvig Hricak, both Uro. M 460. 5-6 p.m.

PATHS OF HEALING & WHOLENESS FOLLOW-UP WORKSHOP: *The Path to Self-Healing.* Allen Rolland, psychotherapist. Slide presentation & guided visualization exercises. N 717. 6-9 p.m.*

30 Tuesday

COMBINED MODALITY BREAST CANCER CONFERENCE. Surg. Clin. Conf. Rm., 6th fl. A. 8 a.m.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: Resident's Forum. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Health Policy Issues In Children: An Overview.* Philip Lee, Inst. Hlth. Policy Studies. Carr Aud., SFGH. 8:30-9:30 a.m.

TRANSFUSION RESEARCH FORUM: *Autologous Blood Transfusions.* Pearl Toy, SFGH Blood Bank. L 535. 8:30 a.m.

OB/GYN GRAND ROUNDS: *Estrogen Replacement & Heart Disease.* Howard L. Judd, Ob/Gyn, UCLA. S 1364. 9-10 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

ANATOMY SEMINAR SERIES: *Electronic Microscopic Probing Techniques in Cryofixed, Dried & Resin-Embedded Specimens.* Robert Chiovetti, LifeCell Corp. S 664. Noon.



Laurie McLaughlin

WOMEN & WAR

Fighting for Their Lives: Women & War in Central America. Rape & post-traumatic stress syndrome in the context of political terrorism. Barbara Zelwer, Felix Kury, Jeannette Panameno. Sponsored by the Rape Prevention Educ. Prog. HSW 302. Noon.*

SPECIAL SEMINAR: THE BEER SHEVA EXPERIMENT

The Beer Sheva Experiment: A Novel Approach to Medical Education. Shimon M. Glick, Schl. Med., Ben-Gurion U of the Negev, Beer Sheva, Israel. Brown bag seminar. HSW 301. Noon.*

CURRENT ISSUES IN AGING LECTURE SERIES: *Assessment & Diagnosis.* Joe Barbaccia, Fam. & Comm. Med. LPPI Aud. 12:10-1 p.m.

BIOCHEMISTRY/BIOPHYSICS SEMINAR: *Genetic Control of Pattern & Cell Fate in the Drosophilia Peripheral Nervous System.* James W. Posakony, Bio., UCSD. HSW 301. 4 p.m. Student lunch with speaker at noon in HSE 402. Sign up in S 962.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

31 Wednesday

PLASTIC SURGERY GRAND ROUNDS: D & C Conference. Toland Hall. 7 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, x61662.

DERMATOLOGY CONFERENCE: *Penicillin Hypersensitivity & Reactions.* Dan Adelman, Clin. Allergy & Immun. Serv. HSW 301. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Turner's Syndrome & Its Variants.* Felix Conte, Ped. M 1486. 8:30 a.m.

ANATOMY SEMINAR SERIES: *Molecular Genetic Approaches to Myosin Structure & Function.* Jim Spudich, Cell Bio., Stanford. S 1364. Noon.

BROWN BAG LECTURE SERIES: *Reducing Stress Through Goal-Oriented Anger.* Thomas J. Coates, Med. & Behav. Med. Unit. HSW 300. Noon-1 p.m. Call x64394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. CED, 1st fl., Room 2. 12:05 p.m.*

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

PSYCHIATRY GRAND ROUNDS: *New Serotinergic Agents in Obsessive-Compulsive Disorder & Depression.* Steven Stahl, Psychr., VAMC, San Diego. LPPI Aud. 1-2 p.m.

LABORATORY MEDICINE & PATHOLOGY JOINT MEETING: *Molecular Medicine Research in the Departments of Laboratory Medicine & Pathology.* Host: Y.W. Kan. Everyone is invited to attend. HSW 301. 3-5:30 p.m.*

PHYSIOLOGY/PHARMACOLOGY/CELL BIOLOGY/ENDOCRINOLOGY SEMINAR: *Structure & Function of the Erythropoietin Receptor.* Alan D'Andrea, Whitehead Inst., MIT. HSW 300. 4 p.m.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

PEDIATRIC UROLOGY CONFERENCE: Barry A. Kogan. *Prune Belly Syndrome.* Jonathan Vapnek, Uro. M 460. 5-6 p.m.

1 Thursday

MEDICINE GRAND ROUNDS: *Role of Neurogenic Inflammation in Airways Disease.* Jay A. Nadel, Med. & Physio. Toland Hall. 8 a.m.

PEDIATRICS GRAND ROUNDS: *Advances in the Treatment of Heart Failure.* Julian I.E. Hoffman, Ped. S 664. 8:30-9:30 a.m.

MORBIDITY & MORTALITY CONFERENCE. SFGH, Rm. 6D12. 8:30-9:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Occupational Lead Exposure Modeling.* John Froines, Sch. Pub. Hlth., UCLA. M 989. 9-10 a.m.

OPHTHALMOLOGY RESIDENT'S DAY

Presentations by residents. Toland Hall. 9:30 a.m.-4:30 p.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Ambulatory Assessment & Management of Hyperlipidemia.* Robert Baron, Med. & Prim. Care. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR BOARD. L 34. 11 a.m.-12:15 p.m.

MEDICAL ANTHROPOLOGY RESEARCH SEMINAR: *New Research in the Prevention of Osteoporosis.* Jon Block, Radio. Laguna Honda Schl., Rm. 218, 1350-7th Ave. Noon-1 p.m.

ORAL BIOLOGY 220 SEMINAR: *The Role of Endothelium in Inflammation.* Ellen L. Berg, Path., Stanford. S 664. Noon-1 p.m.

DROP-IN WRITING CLINIC

Drop-in scientific writing clinic. Individualized help & answers to questions about writing & publishing scientific papers. Sponsored by the UCSF Biomedical Editor's Group. N 417. Noon. Call x61503 for information.*

GRADUATE GROUP IN BIOPHYSICS: *NMR Studies of Ligand Interactions with DNA & Proteins.* David Wemmer, Chem., UCB. S 980. 1 p.m.



OPHTHALMOLOGY/PROCTOR RESEARCH SEMINAR: *Fungal Infections of the Cornea: Experiences in Nepal.* Madan Upadhyay, U Nepal. S 318. 3 p.m.

CRI COMBINED ONCOLOGY/HEMATOLOGY CONFERENCE. M 1296. 3:30-5:15 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROBIOLOGY SEMINAR SERIES: *Glutamate Induced Neuronal Injury.* Dennis W. Choi, Neurobio., Stanford. HSW 300. 4 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS: *Common Skin Infections in Adults.* Timothy Berger, Derm. A 455. 4:30 p.m.

RADIATION ONCOLOGY GRAND ROUNDS. L 34. 5 p.m.

RADIOLOGY GRAND ROUNDS: *Magnetic Resonance Angiography.* Charles M. Anderson, Radio. & VAMC. HSW 301. 5:15-6:15 p.m.

COLE HALL CINEMA: *A Dry White Season.* Children under 14 $2; UCSF employees (today only), students, seniors & MU members $2.50; general $3. Cole Hall. 5:45 & 7:45 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. LPPI A 222. 6 p.m.*

2 Friday

SURGERY RESIDENT RESEARCH DAY

Third Annual Resident Research Presentation Day. Chaired by J. Englebert Dunphy Visiting Professor, James C. Thompson, Surg., U Texas. Toland Hall. 8 a.m.-5 p.m.

CRI HEMATOLOGY/ONCOLOGY GRAND ROUNDS: John Park, Hem/Onc. M 1296. 8-9 a.m.

SYMPOSIUM HONORING MILTON M. SILVERMAN

A Symposium on the Cost of Drugs. Honoring Milton M. Silverman, Prof. Emrts., Sch. Pharm. & Inst. Hlth. Policy Studies, on the occasion of his 80th birthday. Speakers include: Mark Novitch, Upjohn Co.; Donald Rucker, U Illinois College of Pharm.; Helene Levens Lipton, Pharm. & Inst. Hlth. Policy Studies; Klaus von Grebmer, Policy Communications, Ciba-Geigy. Cole Hall. 9 a.m.-noon.*

CHILD & ADOLESCENT PSYCHIATRY. LPPI Aud. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINARS: *Folding Intermediates in Dihydrofolate Reductase.* Robert Matthews, Chem., Penn State. S 1364. 11 a.m.

REPRODUCTIVE BIOLOGY SEMINAR: *Regulation of Cyclic AMP Responsive Genes by Transcription Factor CREB.* Marc R. Montminy, Peptide Bio., Salk Inst. M 1486. Noon.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

PATHS OF HEALING & WHOLENESS SEMINAR: *Communication: Finding Your Focus.* Thomas Leal. N 721. Noon.*

COLE HALL CINEMA: *A Dry White Season.* Children under 14 $2; students, seniors & MU members $2.50; general $3. Cole Hall. 6:30 & 8:30 p.m.*

3 Saturday

ANESTHESIA MORBIDITY & MORTALITY CONFERENCE. HSW 301. 8-10 a.m.

ORTHOPEDIC SURGERY GRAND ROUNDS. Kaiser Permanente, SF. Doctor's Conf. Rm. 8-9 a.m.

SURGERY GRAND ROUNDS: *Endocrine Tumors of the Pancreas.* J. Englebert Dunphy Visiting Professor, James C. Thompson, Surg., U Texas. Followed by M&M conference. Toland Hall. 8:30-11 a.m.

LOW VISION FORUM: Martha Heverly, head librarian at SF's Library for the Blind, discusses "talking books" and other services. A series of forums held on the first & third Saturdays of each month. Clinical Eye Res. Bldg., 374 Parnussus. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for more information.*

5 Monday

OTOLARYNGOLOGY GRAND ROUNDS: *Maxillary & Mandibular Growth & Development.* Ib Nielsen, Growth & Dev. *Collagen Vascular Disease in the Head & Neck.* Kenneth Sack, Rheum. S 214. 8-10 a.m.

OVEREATERS ANONYMOUS MEETING: *The "H.O.W." Concept.* A more structured approach to over-eating. Speaker & discussion. N 417. Noon. Call Lia, x64251.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

CORE CURRICULUM IN HEMATOLOGY: *Acute & Chronic Leukemia. Myeloproliferative & Myelodysplastic Syndromes.* Ronald M. Townsend, Lab. Med. L 535. 2-3:30 p.m.

CVRI PROGRAM OF EXCELLENCE LECTURE: *Developmentally Regulated Patterns of Expression of NGF & FGF Receptors in Neural & Non-Neural Cells.* Mark Bothwell, Physio. & Biophys., U Wash. S 1364. 4 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *HIV & Blood Transfusions: New Perspectives.* Michael P. Busch, Lab. Med. L 535. 4-4:40 p.m.

PEDIATRIC UROLOGY CONFERENCE: *Sexual Differentiation.* Felix Conte, Ped. M 1415. 4:30-6 p.m.

PATHS OF HEALING & WHOLENESS FOLLOW-UP WORKSHOP: *Communication: Translating Your Vision Into Action.* Thomas Leal. Say what you mean, listen, problem solve, overcome obstacles. N 717. 6-9 p.m.*



Jan. 27-Feb. 9, 1990

6 Tuesday

COMBINED MODALITY BREAST CANCER CONFERENCE. Surg. Clin. Conf. Rm., 6th fl. A. 8 a.m.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Combined Orthodontic/OMFS Orthognathic Surgery Conference: Evaluation & Treatment of Upper Midface Deformities.* John Dann, private practice, Danville. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Is the Ophthalmoscope Worth It?* Creig Hoyt, Ped. & Oph. Carr Aud., SFGH. 8:30-9:30 a.m.

TRANSFUSION RESEARCH FORUM: *Occupationally Related HIV Infection.* Julie Gerberding, Med., SFGH. L 535. 8:30 a.m.

OB/GYN GRAND ROUNDS: R. Jeffrey Chang, Ob/Gyn, UCD. S 1364. 9-10 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

BRAIN TUMOR RESEARCH CENTER SEMINAR: *Immunosuppressive & Immunostimulating Cytokines Produced by Glioma Cells.* Nicolas de Tribolet, Neurosurg., Centre Hospitalier Univesitaire Vaudois, Lausanne, Switz. HSE 336. Noon.

CAMPUS AMNESTY INTERNATIONAL MEETING: Meetings first Tuesday of the month. C 209. Noon-1 p.m. Call Jan Genevra at x67456.*

CURRENT ISSUES IN AGING LECTURE SERIES: *Behavior Management.* Carole Dietrich, Physio. Nurs. LPPI Aud. 12:10-1 p.m.

ACADEMIC SENATE/SF DIVISION REPRESENTATIVE ASSEMBLY. Toland Hall. 4 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

CLINICAL ONCOLOGY CONFERENCE. M 1296. 4 p.m.

BIOCHEMISTRY/BIOPHYSICS SEMINAR: *De Novo Design of Proteins.* William DeGrado, Res. & Dev., E.I. du Pont de Nemours & Co. HSW 301. 4 p.m. Student lunch with speaker at noon in HSE 402. Sign up in S 962.

NEUROLOGY RESEARCH SEMINAR: *Excitatory Amino Acids & Cerebral Ischemia.* Roger Simon, Neuro. Serv., SFGH. S 664. 5-6 p.m.

7 Wednesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* James Anthony, Thomas Huntsman, Suzanne Kerley & Joseph Kiener, all Plast. Surg. Davies Med. Ctr. 7 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, x61662.

BROWN BAG LECTURE SERIES: *Keeping Performers Healthy.* Peter F. Ostwald, Psychr. & Hlth. Prog. for Performing Artists. HSW 300. Noon-1 p.m. Call x64394.*

ANATOMY SEMINAR SERIES. HSE 1309. Noon.

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. CED, 1st fl., Room 2. 12:05 p.m.*

PSYCHIATRY GRAND ROUNDS: *Countertransference Risks When Women Treat Women.* Anna Spielvogel & Joanne Wile, both Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

ACTING TECHNIQUES FOR LECTURERS

Dan Gunther, Schl. Med. '88. S 214. 3:30 p.m. Call x65168 or x65169 for more information.

PHYSIOLOGY/PHARMACOLOGY/CELL BIOLOGY/ENDOCRINOLOGY SEMINAR: *Regulation of MPS Activation During the Cell Cycle.* James Maller, U Colo. Hlth. Sci. Ctr. HSW 300. 4 p.m.

TROY C. DANIELS LECTURESHIP

Three presentations by the Troy C. Daniels Lecturer, Anthony Cerami, Med. Biochem., Rockefeller U. Sponsored by Dept. Pharm. Chem.

- Feb. 7: *Cachectin/TNF: A Mediator of Inflammation, Cachexia & Shock.* HSW 301. 4 p.m.
- Feb. 8: *Glucose: A Mediator of the Complications of Aging & Diabetes.* HSW 301. 3 p.m.
- Feb. 9: *Trypanothione: A Unique Cofactor of Trypansomes.* HSW 302. 11 a.m.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

UROLOGY PHYSIOPATHOLOGY CONFERENCE: *Hormonal Function at Puberty & with Aging.* Mark Gasparini, Uro. M 1415. 5-6 p.m.

PATHOLOGY GRAND ROUNDS. *Pathology of the Female Genital Tract.* John Gonzales, Path. & Ob/Gyn. HSW 508. 5:30-6:30 p.m.

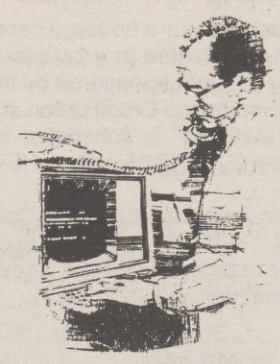
8 Thursday

MEDICINE GRAND ROUNDS: *Lp(a) Hyperlipoproteinemia: An Emerging Risk Factor for Arteriosclerosis.* John Kane, Med., Biochem/Biophys. & CVRI. Toland Hall. 8 a.m.

PEDIATRICS GRAND ROUNDS: *Update on Drug Allergy.* Oscar L. Frick, Ped. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Changing Patterns of Endophthalmitis & New Therapies.* Walter Stern, Oph. Preceded by case presentations: *Strabismus.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.



OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Health Concerns of VDT Operators.* Ruth Lowengart, Occup. Med. Prog., Contra Costa City. SFGH Bldg 30, 5th fl. 9:15-10:45 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Low Back Pain & Joint Exam.* Nancy Byl, Phys. Ther. & Fam. Comm. Med. A 455. 10 a.m.-noon.

OPHTHALMIC PLASTIC & RECONSTRUCTIVE SURGERY LECTURE: *Classification & Treatment of Blepharoptosis.* Crowell Beard, Oph. Eye Clinic Conf. Rm. 7th fl. A. 10:30-11:30 a.m.

PEDIATRIC TUMOR BOARD. L 34. 11 a.m.-12:15 p.m.

GERIATRIC GRAND ROUNDS: *Aging & Diabetes.* Robert Rushakoff, Mount Zion Diabetes Ctr. Mount Zion, Herbst Hall. Noon.

ORAL BIOLOGY 220 SEMINAR: *The Role of Integrins in Endothelial Cell-Leukocyte Interaction.* Robert Pytela, Med. & Pharm., Lung Bio. Ctr. S 664. Noon-1 p.m.

DENTAL DEAN'S SEMINAR

Pathogenesis of Periapical Lesions. Mahmoud Torabinejad, Endo., Loma Linda U. C 701. 12:30-1:45 p.m.

OPHTHALMOLOGY/PROCTER RESEARCH SEMINAR: *Herpes Simplex Virus Glycoprotein D: Protective Immunity Against Murine Herpetic Keratitis.* Yoshitsugu Inoue, Proctor Fndt. S 318. 3 p.m.

EDWIN B. BOLDREY LECTURE

Management of Gliomas: Clinical & Experimental Studies. Edward R. Laws, Jr., Neurosurg., George Washington U. Eighth annual Edwin B. Goldrey Lecture presented by Dept. Neurosurg. HSW 303. 3:30-4:30 p.m.

CRI COMBINED ONCOLOGY/HEMATOLOGY CONFERENCE. M 1296. 3:30-5:15 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

NEUROBIOLOGY SEMINAR SERIES: *Steroid Receptors & Secretagogues: Their Interplay in Controlling the Stress Response.* Huda Akil, Hlth. Res. Inst., U Mich. HSW 300. 4 p.m.

SEP CONTEST KICKOFF

Third annual SEP Science & Health Lesson Plan Contest kickoff. Contest to get middle & high school students working in teams to experience the fun of science with some help from UCSF volunteers. Refreshments provided. MU Lounges. 4 p.m.* (See page 2 for details.)

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS: *Evaluation & Management of Parkinson's Disease.* Stephen Sagar, Neuro. A 455. 4:30 p.m.

RADIOLOGY GRAND ROUNDS: *Uses of Surface Coils in Magnetic Resonance Imaging of the Genitourinary Tract.* Robert Mattrey, Radio., UCSD. HSW 301. 5:15-6:15 p.m.

COLE HALL CINEMA: *Gross Anatomy.* Children under 14 $2; UCSF employees (today only), students, seniors & MU members $2.50; general $3. Cole Hall. 5:45 & 8 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. LPPI A 222. 6 p.m.*

COMMUNITY HEALTH TALK AT LAUREL HEIGHTS

Developing a Low Stress Work/Lifestyle. Bruce G. Flynn, Employee Rehab. Serv. UCSF-Laurel Heights Campus Conf. Ctr., 3333 California St. Free parking available. 7-8:30 p.m.*

9 Friday

SFGH MAXILLOFACIAL TRAUMA CONFERENCE. Rm. 4H4, SFGH. 7-7:30 a.m.

SFGH NUCLEAR MEDICINE/RADIOLOGY CONFERENCE. Rm. 1X58, SFGH. 7:45-9 a.m.

CRI HEMATOLOGY/ONCOLOGY GRAND ROUNDS: Journal Club. M 1296. 8-9 a.m.

CONSULTATIVE CRANIOFACIAL PANEL. Toland Hall. 9 a.m.-noon.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE. LPPI Aud. 10:10-11:30 a.m.

REPRODUCTIVE BIOLOGY SEMINAR: *Physiology & Biochemistry of Activin.* Ralph Schwall, Genentech. M 1486. Noon.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

PATHS OF HEALING & WHOLENESS SEMINAR: *Written Communication: Write with Ease.* David Garfinkel. N 721. Noon.*

COLE HALL CINEMA: *Gross Anatomy.* Children under 14 $2; students, seniors & MU members $2.50; general $3. Cole Hall. 6:30 & 8:45 p.m.*



125th EVENT: BLACK HERITAGE MONTH

UCSF celebrates Black Heritage Month with the following events in February:

- Feb. 9: *Horace Tapscott Trio.* A rare SF appearance by this musical storyteller dedicated to the preservation of the musical heritage of Black Americans. Third in a series of six jazz concerts. Children welcome for only $3, and grandparents go free if accompanied by grandchildren. $10 general, $9 UCSF staff & faculty, $5 students. UCSF Laurel Heights Aud., 3333 California St. Ample parking available. 8 p.m. For tickets & information, call x62035 or x62542.*
- Feb. 15: *Sick & Tired of Being Sick & Tired: The Life of Fannie Lou Hamer.* SF State journalist Erna Smith looks at the life of the Mississippi sharecropper whose political activism challenged & transformed the US political system. Toland Hall. Noon-1 p.m.*
- Feb. 23: *Health Care Crisis in the Black Community: Challenges, Prospects & the Black Nurse.* Keynote speaker Dorothy Powell, Howard U Sch. Nurs. Symposium to celebrate & inspire black nurses & to address crucial health care issues in the black community. Toland Hall. 9 a.m.-4 p.m. (See page 1 for details.)*

DEVELOPMENT & TRAINING

For further information call x64032.

Telephone Communication Skills Training. Tues., Feb. 6. 9-11 a.m. $10.

High Performance Work Teams. Wed., Feb. 7. 8:30 a.m-12:30 p.m. $15.

Supervising in the Workplace: Managing Employees with Problems. Wed., Feb. 7. 8:30 a.m.-noon. $10.

Coping with Difficult People. Fri., Feb. 9. 8:30 a.m.-4:30 p.m. $20.

CONTINUING EDUCATION

MEDICINE
For program information call x64251, registration x65208 unless otherwise noted.

Bay Area Seminars in Cytopathology. UCSF. Through Mar. 1990.

Searching for New Horizons in Non-Invasive Vascular Technology. Feb. 2-4.

DENTISTRY
For further information call x61101.

Composite Resins in an Era of Ceramics. C 701. Feb. 9.

AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS or ARC, those who have tested HIV positive and others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call x66430.*

Individual Risk Assessment & Referrals. By appointment.

Facilitated 8-week Groups. For anyone affected, at risk or infected.

Drop-in Group for the Recently Tested.

Positives Being Positive. Support groups in the community meet regularly. Call x63902.

Caregiver Training. Caring & self-caring skills for professionals & volunteers. Call x66430 for information.

Living with HIV. Public forums every other month.

WOMEN'S RESOURCES

Sponsored by UCSF Women's Resource Center unless otherwise noted. Call x60400.

GROUPS
Ongoing noontime drop-in groups for women working or studying at UCSF.

Such a Group! Jewish Women's Discussion Group. 1308 3rd Ave. Fourth Tues. of every month.

Lesbian Lunch Group. C 213. First & third Mon. of each month.

Latin Women Coalition. N 527. Last Wed. of each month.

Circle of Sisters. Black women's group. L 535. Every Fri.

Not So Gay Divorcees: Support Group for Divorced & Separated Women. C 130. Tues., Feb. 6 & 20.

RAPE PREVENTION

Classes, workshops & support groups sponsored by UCSF Rape Prevention Program. Call x60400 for information.

Personal Safety, Rape & Assault Prevention Presentations. By appointment to campus departments & employees in the workplace.

Support Group for Sexual Assault Survivors. Twelve consecutive weekly sessions, 5:30-9 p.m. on a day to be arranged. $5-$25 sliding scale.

CRIME PREVENTION

Presented by UCSF Police Department Crime Prevention Program. Call x65683 for information & reservations.

Crime Prevention Presentations. By appointment to campus departments & employees in the workplace.

Tear Gas Classes. Department of Justice certified. Personnel Conference Rm., 1350-7th Ave. $12. Pre-registration required.*

CPR TRAINING

Basic CPR. A 3-4 hour course in basic cardiopulmonary resuscitation sponsored by the UCSF CPR Center. For information & registration call x61817.*

CPR Road Show. Traveling CPR instruction by volunteer instructors sponsored by the UCSF Center for Pre-Hospital Research & Training. For more information call Denise, x65802.*

MELVYL/MEDLINE

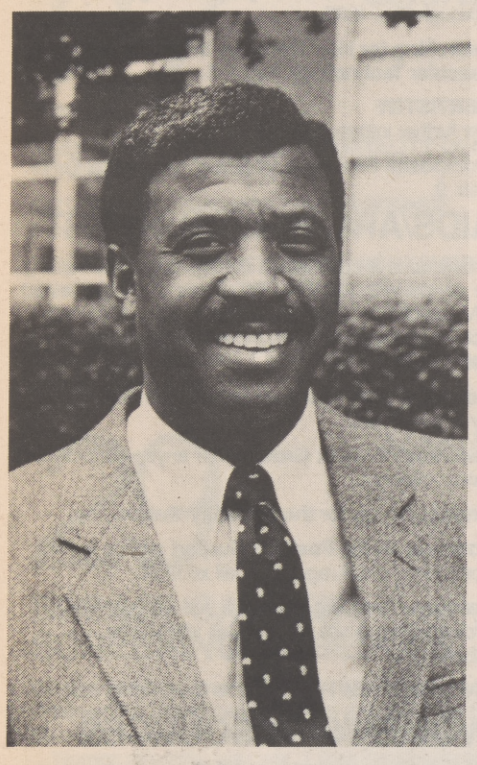
MELVYL/MEDLINE is now available, at no cost, to UCSF faculty, students & staff from any location, including offices, labs & hospitals, that will connect with campus Ethernet or a terminal with modem, as well as from the library terminals. UCSF Library offers frequent seminars on MELVYL/MEDLINE searching techniques, as well as written guides & personal assistance. For further information call the Reference Desk, x62337.

HELP ELIMINATE SCHEDULING CONFLICTS

In order to help the campus avoid conflicts in scheduling important events, the News & Public Information Services Department has a computerized calendar. It is suggested that faculty, students and staff call x61541 when they are planning an event to make sure nothing has been scheduled for that date. Please note that in order to reserve campus conference rooms and auditoriums, it is still necessary to call Millberry Union at x62571, Room Reservations at x64436, Faculty/Alumni House at x64723, Laurel Heights at x68100 or the individual school or department.

***Open to the public.**

Benefits/Personnel



New Employment Manager

Jim McCullom is the Personnel Department's new manager of the employment division. He joined the staff December 1. Previously McCullom worked at the Lawrence Livermore Laboratory, first as deputy employment manager for six years, then as deputy manager for the Affirmative Action/Equal Opportunity Office for the last 18 months. McCullom received a BS/BA from Xavier University in Cincinnati and an MBA from Pepperdine University.

Nominations for Public Service Award

The entire campus community should have received by now nomination forms for this year's Chancellor's Award for Public Service. The award recognizes faculty, students and staff who have made extraordinary contributions to community service. Winners will be honored at an awards luncheon celebrating Founders Day on Wednesday, April 25.

The award will have particular significance this year as our campus celebrates its 125th Anniversary in San Francisco and the many gifts we have given to the San Francisco community.

Three awards are made each year, two of which may be designated the Thomas N. Burbridge or the Edison Uno Public Service Awards. Candidates for the Burbridge Award should demonstrate particular contributions to equal education and employment opportunity, social justice and should reflect the impact made by Burbridge. Candidates for the Uno Award should relfect his personal involvement with established social, political and civic groups that bring about social change.

The awards are for $1,000 each, with an additional $100 given by the UCSF Black Caucus for the Burbridge Award.

Nominations must be in the Office of Public Service Programs, 1308-3rd Avenue, Box 0930, by Thursday, February 1.

How to Get a Job

Qualified UCSF employees are urged to apply for open positions. Interviews are conducted on a drop-in basis during regular screening hours or by appointment. (For current screening hours or other job-related information, call x61645.)

The "Employment Opportunities" flyer lists current openings. The flyer is posted weekly in three locations: The main personnel office, the satellite office on the first floor at CED and on the second floor of Moffitt Hospital, west of the cafeteria.

The "Open Until Filled" list can be viewed at the main personnel office and the satellite at CED. Both lists are updated each Thursday.

Personnel is located at 1350 7th Avenue. Business hours are 8 a.m. to 5 p.m., Monday through Friday, and until 6:30 p.m. on Wednesdays.

How to Buy a Car & How to Buy a House

If you're in the market to buy a house, a car or both, you may be interested in a couple of seminars coming up, both sponsored by the California State Employees' Credit Union #2.

"How to Buy a House" is scheduled for Tuesday, February 20, at 12:15 p.m. in HSW 302.

"How to Buy an Auto" takes place in Oakland on Tuesday, March 13, at 12:15 p.m. in the Metro Center Auditorium, 101 8th Street.

If you have questions, call 922-7362.

Learn About the UC Retirement Plans

During February, the Office of Financial Planning & Benefits will offer one-hour presentations on the UC retirement plans. The discussions are scheduled from noon to 1 p.m. on the following dates. (If you are unable to attend one of these meetings, look for another series to be scheduled in May and periodically thereafter.)

- **Monday, February 12**—VAMC, Building 7 Auditorium
- **Tuesday, February 13**—CED Hartsook Room
- **Wednesday, February 14**—Toland Hall
- **Friday, February 16**—SFGH, Carr Auditorium

How Are the Funds Performing?

For those invested in the 403(b) Plan and the After-tax Plan, here are the latest unit values and monthly factors (as of December 31). If you have questions, please call x69256.

	Monthly Factor	Current Rate
Savings	.0068	8.00%
Money Market	.0068	8.00%
GIC	.0074	8.74%

	Unit Value	1-Month Change	12-Month Change
Bond	$39.36	0.2%	18.62%
Equity	$65.39	2.7%	26.98%

EMPACT!



The stars of last week's "Living the Dream" festival in Saunders Court were the recipients of the first annual UCSF Martin Luther King, Jr. Award, presented by Chancellor Krevans: (left to right) graduate students Al Franco and Maria Juarez, biochemist John Watson, School of Pharmacy's Barbara Wilson and Associate Vice Chancellor for Student & Academic Affairs Robert Gibson. Not shown is a sixth winner, pathology resident Errol Lobo.



"I never saw a purple cake, I never hope to see one..." Of course, if you attended the festival, you did indeed see a purple cake. Members of HEMP (Health, Education & Mobilization for Pilipinos) were selling bright purple cake, called "ube," and people were actually buying it. HEMP was one of many registered campus organizations who participated in the festival.



At the wrap-up reception, Vice Chancellor Thena Trygstad and Speaker of the Assembly Willie Brown cut the MLK, Jr. cake.

Wine and Dine with Your Valentine

For the second year in a row, EMPACT! is sponsoring a Valentine's banquet at the California Culinary Academy. The event has been renamed "Rae's Dine with Your Valentine Extravaganza" in honor of Rae Beauregard-Sund, one of the UCSF vanpool riders killed during the earthquake. Rae, an active EMPACT! supporter, organized the first annual "Dine With Your Valentine" last year.

This year's event will take place on Saturday evening, February 17. The main event is a lavish buffet, decked with every imaginable gastronomical delight. Tickets are $35 each, available at the Millberry Union Central Desk. Again, you don't have to bring a Valentine. Just bring yourself, or organize a group. Questions, call x66932. More events:

- **Sweets for your sweet.** EMPACT! will be selling roses, truffles and balloons on Tuesday and Wednesday, February 13 and 14, from 11 a.m. to 1 p.m. in the Med Sci lobby. If you want to have a gift delivered anywhere on the Parnassus campus on Valentine's Day, call now for an order form—x66932.
- **Go skiing.** Outdoors Unlimited has lots of downhill and cross-country weekend ski trips planned, now through March. If you don't want the trip, just the cabin rental; or if you just want lift ticket discounts, all these options are available. Call x62078 for more information. Also, OU will arrange guided cross-country or downhill ski trips for groups of 10 to 12 people. Trips include cabin, Saturday dinner, lift and ski rental discounts (cross-country trips include beginning instruction and guided tours as well). Call x61469. One more thing: You can get a 20% discount on downhill equipment rentals at Lombardi Sports at 152 Clement. Show your UCSF ID.
- **Get dressed up.** The all-campus 125th Anniversary Ball with Pride & Joy at the SF Gift Center is coming up Friday, April 6. Save the date and watch for more news!
- **Watch whales and elephant seals.** Outdoors Unlimited has trips planned for February and March. Call x61469.
- **Exhibit your art.** Staff art show, Thursday and Friday, March 1 and 2. If you're interested in participating, contact Arts & Lectures, x66761.
- **Donate a prize.** The second annual EMPACT! raffle is coming up in May. Prizes needed. If you have any hot tips on possible donors, call x66932.

Medsounds Continued

Introducing Trish Painter & a One-of-a-Kind Fitness Program for Transplant Patients

In the early 80s, when Trish Painter was an exercise physiologist in Wisconsin working in cardiac rehabilitation, her cousin's wife had kidney failure. She subsequently went on dialysis, and shortly thereafter had a kidney transplant.

At the time, Trish's relative wondered what she should do in the way of physical activity. She wasn't given any guidance in conjunction with her medical care. Thus, she consulted Trish, and together they came up with a program of exercise adapted from Trish's experience with cardiac patients.

The episode turned into a new career direction for Trish. She proceeded to do dcotoral work at the University of Wisconsin on "changes in exercise tolerance and ventricular function during exercise following renal transplant." Four years ago she received a PhD in exercise physiology, then moved to the Bay Area to set up a patient fitness program for a private dialysis company.

Through her new work she met Oscar Salvatierra, director of our Kidney Transplant Service. He expressed an interest in setting up an exercise and fitness program that would serve transplant patients here at the Medical Center.

Last spring, once she had the program well established at the dialysis company, Trish joined our staff through the Physical Therapy Department and began developing the "Fitness After Transplant" rehabilitation program. So far as known, it is the only such inpatient program in the country.

Trish estimates that about 70% of the transplant patients are able to participate. To date this has included kidney, liver and now kidney-pancreas transplant recipients. The program basically entails an introduction to exercise while the patient is still in the hospital, then working out a program the patient can follow at home. The individual program includes exercises for improving flexibility, muscle strength, heart and circulation function, and weight control.

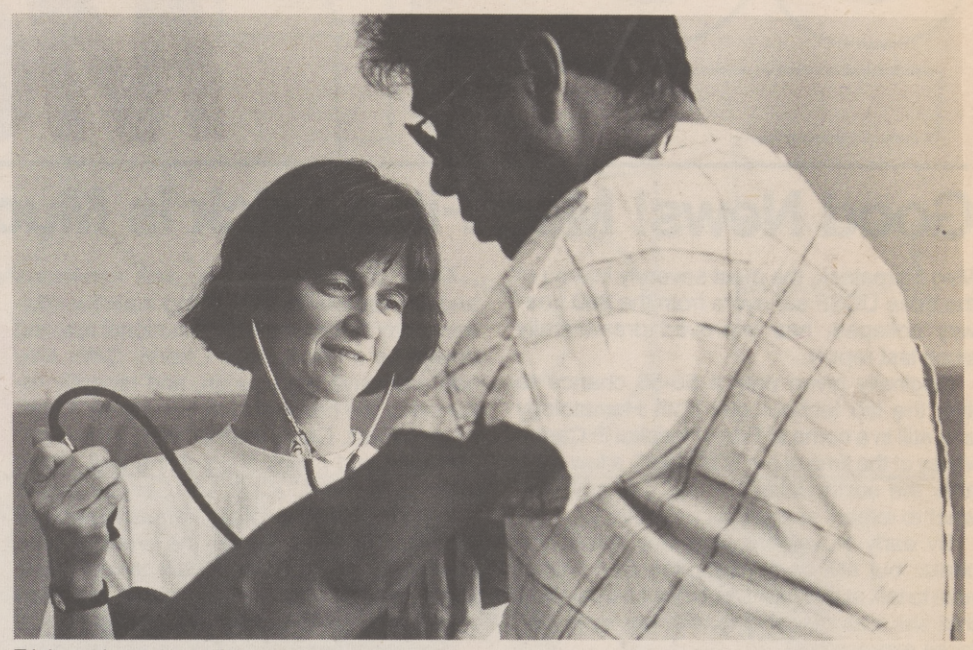
Unless patients are from out of the area, they return to the renal clinic here at UCSF for check-ups at regular intervals. At this time, Trish follows up on their home fitness program, making modifications as needed.

The percentage of patients who have followed through on the home exercise program is remarkable—about 50%, says Trish. In the general population, it's estimated that about 15% of those who start a program of exercise actually stick with it.

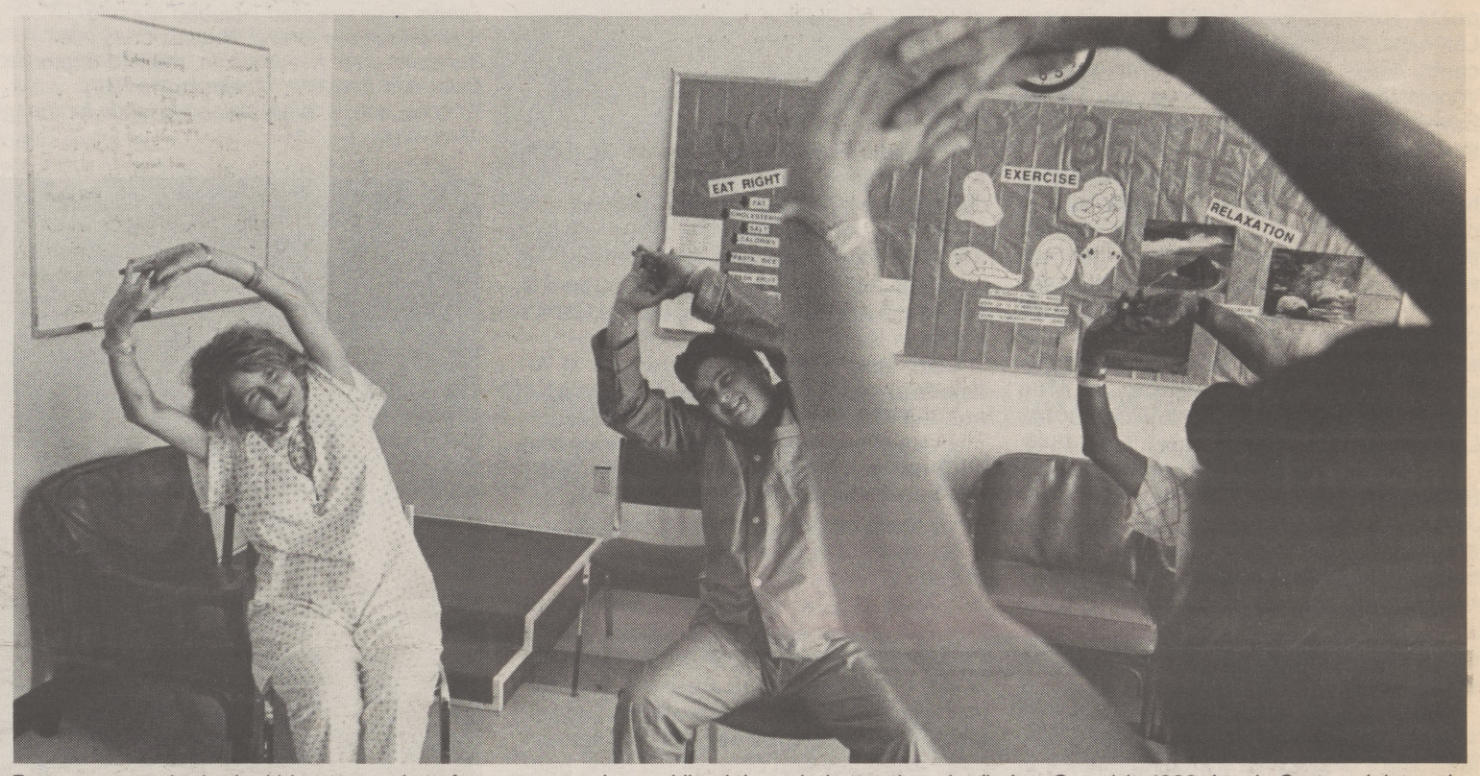
Part of the reason the transplant patients are so enthusiastic, says Trish, is that many feel they have a new lease on life and want to make the most of it. Also, patients who have been ill and/or on dialysis prior to the transplant are often in a very weak and deconditioned state. Almost immediately following the transplant they usually feel so much better in comparison, they're ready to take on some activity.

By the same token, says Trish, the deconditioned state prior to transplant makes the fitness program all the more important. The new organ will improve their physiological health, but the exercise is a major key to regaining and maintaining an all-round healthful lifestyle. Furthermore, anti-rejection medication may cause muscle weakness.

And finally, there's that wonderful bonus that regular exercise brings to those who give it the chance: The morale boost. There is no drug, testifies Lynda Gartner, a recent kidney recipient and one of Trish's star pupils, that can even come close to producing the sense of well-being brought by exercise.



Trish evaluates a patient



For someone who had a kidney transplant, four eye surgeries and lived through the earthquake (in Los Gatos) in 1989, Lynda Gartner (pictured left) is amazingly chipper—especially when you learn that she has diabetes, impaired eyesight and had to return to the hospital following her transplant because of rejection. "It was the exercise that got me through it." Trish introduced Lynda to the fitness program when she was hospitalized following her transplant, and she's been going great guns ever since. "My husband even gave me a stairmaster for Christmas."

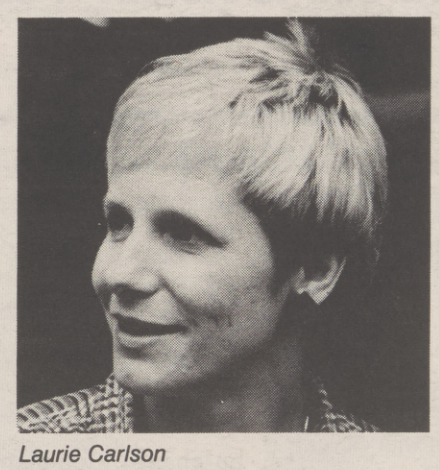
Keeping Up With the Nurses



Georgia Lucas



Susan Janvrin



Laurie Carlson

Georgia Lucas

New position: Head nurse, Adult Intensive Care Unit.
Previous position: Acting head nurse, Post Anesthesia Care Unit.
Previous position filled by: Acting head nurse Maureen Hanlon (former ICU acting head nurse Diane Ayers is now CVS acting head nurse).
Background: Graduated from CSU-LA; previously held head nurse positions in Los Angeles before moving to San Francisco and joining UCSF staff eight years ago. Was assistant head nurse on 7 ICU before taking interim PACU position 1½ years ago. "First love is critical care nursing."
Personal: Newly married (less than a month) after 10-year courtship; has three children from previous marriage—a daughter at home, a daughter in San Diego (new UCSD grad) and son in Mammoth, skiing. Lives in Marin, likes to go exploring.
Biggest thing happening in new job: Major transition taking place: ICU in the middle of remodeling and expansion. Expanding from 18 beds on 7 Moffitt to become 24 beds on 8 and 9 Moffitt.

Susan Janvrin

New position: Joins Betty Wimberly, Lois McGrath and Bill Harris as as associate administrator for clinical services in the Ambulatory Care Center. Currently over Pediatrics, eventually will take on Ob/Gyn and Float Pool as well.
Previous position: Head nurse, Pediatrics Intensive Care Unit and Pediatrics Intermediate Care.
Previous position filled by: Acting head nurse Vicki Dayan.
Background: Grew up in New York, did undergraduate work at University of Maryland (BSN), got Master's in Nursing at NYU. Worked in Baltimore, Washington, DC, New York and New Jersey before moving to San Francisco. Thought she wanted to teach, but after brief period as nursing instructor at San Francisco State, decided she could have more impact out on the nursing floor helping new grads shape their careers. Joined the staff at UCSF nine years ago, was head nurse for past three years until taking ACC position.
Personal: Married, lives in Corte Madera with husband, a dog and two cats. Husband is wine lover—"has extensive wine collection under the house." They often go wine tasting, hiking, biking, and to the Russian river, where they have a house.
Biggest thing happening in new job: Major space reorganization on second floor of ACC (pediatrics), resulting in the creation of a separate pediatrics acute care area (acute care previously has been incorporated in Pediatrics I & II clinics).

Laurie Carlson

New position: Clinical nurse specialist for transplant and nephrology (diseases of the kidney).
Previous position: Head nurse of the Kidney Transplant Unit.
Previous position filled by: Acting head nurse Sheila McCarty—doing double duty along with 14 Renal Room (dialysis) head nurse position.
Background: Graduated from University of Washington in 1976, first nursing job was on an Indian reservation in New Mexico (employed by Indian Health Services). Subsequently worked in an ICU in Detroit; joined the staff here nine years ago. Was KTU head nurse for four years. Got Master's here at UCSF in 1987.
Personal: Plans to be star player of her own basketball team someday. Currently plays on the Bay Club Team, part of the SF Parks & Recreation League.
Biggest thing happening in new job: Making the transition between head nurse and clinical nurse specialist. "There is something very special about being a head nurse. You have a kind of responsibility for the nursing staff—especially the new grads. You're in a position to help them develop and watch their professional growth. But I love working directly with patients. My new position gives me the opportunity to do both. I am very involved in patient care and teaching, both in the clinics and in the hospital. But as the resource person for the staff, I'm still in a good position to contribute to professional deveopment."

UCSF Medsounds

Volume 5, Number 2 January 27-February 9, 1990

Good News! Meg Fitzpatrick is Much Better!

Meg Fitzpatrick, the most severely injured of the three UCSF survivors from the 880 freeway collapse, has improved dramatically since last report.

Originally given only a 50-50 chance to live, the lab technologist from Hematology was still in a coma at Eden Hospital in Castro Valley at the time of our first report, a few days after the earthquake. No one had any idea what to expect in terms of a recovery.

By early November, she was out of the coma, but still on a respirator. She wasn't able to talk at that point, but it was a good sign that she was responding with her eyes and facial expressions.

Well, now she's talking a blue streak, reports Hematology supervisor Joyce Lehmann. And she's perfectly coherent. Recently three people from Hematology—Winnie McKinnon, Fay Weimer and Carole Bayer—paid her a visit in the hospital, and they talked for two hours.

Meg has a sizeable hospital stay ahead of her—in fact, she still has a trachial tube in place, which will remain until surgery for further internal repairs is completed. "But from what I understand," says Joyce, "the prognosis is good. The expectation is that she will continue to improve." Visits and phone calls are still limited. Letters would be nice, however. Address your greeting to Meg Fitzpatrick, Eden Hospital, 5th Floor, 20103 Lake Chabot Rd., Castro Valley, CA 94546.

Meanwhile, the other two survivors, Cathi Scarpa from Nursing Education and Judy Jester from Mike Harrison's lab, are home from the hospital. Recently Nursing Administration's Cheryl Weisker paid a visit to each of her convalescing vanpool friends. (Cheryl was the Alameda vanpool rider who was vacationing in Hawaii at the time of the earthquake.)

"I visited Judy right after Christmas, and she's in very good spirits," says Cheryl. "She feels she's been given a second chance at life." Judy suffered a severe concussion and leg injuries and has casts on both legs. "But she can walk with a walker and does five hours of exercising a day."

Cathi, the only one who was conscious and can remember everything from the accident, may be having more emotional ups and downs as a result, says Cheryl. Cathi also had extensive leg injuries, and recently returned to the hospital for a bone graft. "Joan Kazerounian, Cathy Warner and I visited her last night and I think she's doing well. She's learning to stand." (Child Life Services' Joan Kazerounian is the other vanpool member who was not riding the van the evening of the earthquake. Cathy Warner is a clinical nurse specialist and new member of the Alameda vanpool.)

"She mentioned again her appreciation for the support she's received from colleagues at UCSF." People from work have been bringing casseroles, which Cheryl drops by Cathi's house on the way home. Then she picks the dish back up and brings it back to work.

Cathi and Judy have been in close touch over the phone, and, in fact, at this writing, the two were planning to get together for lunch the following day—the first time they would be meeting face to face following the accident. Judy's mother, who is taking care of her, was planning to drive her over to Cathi's house.

Cathi also made it to a ceremony in Alameda a couple of weeks ago, during which a tree—a Dawn Redwood—was planted in memory of the six people from Alameda who were killed in the freeway collapse. In addition to the five people in the UCSF van, another Alameda man died during the collapse.

The news of the tree planting came by way of Patty Whitney, who works in Pediatric Immunology. She and her family were close friends with Joy Edstrom, the Golden Gate Park employee who rode along with the UCSF employees in the Alameda vanpool. Joy, a former UCSF employee in the Department of Radiology, worked with flowers and trees every day and often would bring bouquets to her vanpool friends.

A local florist approached Patty's sister, an employee at the *Alameda Journal*, about donating the tree and organizing the ceremony. In the end, several dozen people gathered on a wintry January day in Alameda's Lincoln Park for the commemoration. Among the participants were Mayor Chuck Corica, Vice Mayor Lil Arnerich, Patty and her family, Cheryl, Cathi and—since it was a park—Cathi's two dogs.



To the right is a photo of Meg taken in the lab prior to to the accident (straight from Hematology's "Meet the Staff" bulletin board display). Below, you'll notice a bundled-up figure in a wheelchair in the background. It's Cathi Scarpa, who ventured out on a wintry January afternoon to attend a tree planting ceremony in memory of those who died. Others who attended included Nursing Administration's Cheryl Weisker, Child Life Services' Joan Kazerounian, PCRC's Sharon Esker and Pediatric Immunology's Patty Whitney, whose family helped arrange for the ceremony.



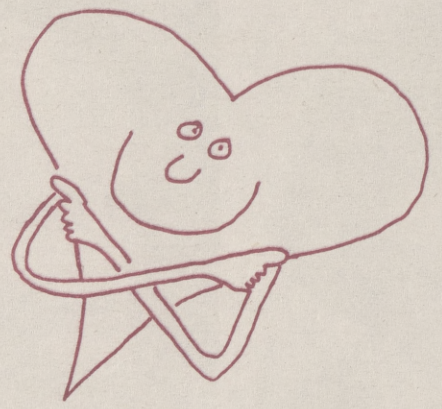
Come "Love Yourself to Health" Feb. 14

On Wednesday, February 14, Volunteer Services is sponsoring "Love Yourself to Health," a full day of activities and presentations on how to enjoy life more by living a healthier and more productive life.

The workshop is being presented as a valentine for volunteers at the Medical Center, but the invitation to attend is open to the public and other members of the campus community. All the talks and demonstrations will be presented by Medical Center staff members.

Here's the schedule:

- 9 a.m.—Coffee hour & welcome by volunteer director Leona Hansen Biddle
- 9:35—Relaxation techniques with clinical nurse specialist Pam Minarik
- 10:05—Cardiac fitness with clinical nurse specialist Brigid Doyle Ide
- 10:35—Take a stretch
- 10:45—Nutrition & health with registered dietitian Vivecca Morales
- 11:35—Fitness & exercise with physical therapist Christine Camparch
- Noon—Lunch (bring your own or $2.50 to purchase). Complimentary beverage & dessert
- 12:45—Valentine bingo with Volunteer Services' Vicki Kleemann
- 1:30—Health screenings



The event will take place at the Faculty/Alumni House. Reservations are essential—call x61196 by Friday, February 9. (Attendance limited to 70; first come, first served.)

Moral of this Story: Don't Walk to Work in the Dark

Shortly after Christmas, a CED employee was walking to work from the BART station when two men in a car pulled along side her and asked for directions. She ignored them and quickened her pace, but they didn't go away. When she was almost to work, they got out of the car and went for her purse. At first she was determined to hold on to her purse and win out over them, but when her physical safety became endangered, she let go. In addition to the lost handbag, she ended up with some scrapes, bruises and a terrible case of fright.

The time was 6 a.m. Normally she carpools to work, but had taken BART since the earthquake, and had decided to come on BART this one last time since she had to leave early that day. As luck would have it, BART arrived early that day, which put her into town somewhat earlier than usual. "I had my choice, standing alone at the BART station waiting for the shuttle to begin, or making a run for it."

If any good came from this, she says, it's that you won't find her walking to work or anywhere alone in the dark anymore. And others, hopefully, will use this incident as a catalyst to bolster their own self-protection.

The incident did, as a matter of fact, result in a brown bag safety seminar at CED presented by the UCSF Police. Most of the information was common sense, said one CED employee who attended. "But it certainly doesn't hurt to be reminded."

The gist of the seminar was: "No matter where you are, you can't be too careful." The CED victim was operating under abnormal circumstances—normally she would not walk to work in the dark alone. In the future, she says, she never will, no matter what the circumstances. Plan it and time it so you will not have to. Make use of the buddy system, security guards and security shuttles. Lock your car doors. Beware of isolated stairwells, halls, restrooms and parking lots. Report it to the police if you are working late or early by yourself. In fact, report to the police anything that makes you suspicious or worried.

Also, and this is very important, if something about your work schedule or commute pattern is impairing your safety, bring this up with your supervisor immediately. A solution will be worked out, possibly with the assistance of the UCSF Police.

In case you haven't had the opportunity to discover this for yourself, the UCSF Police Department is very responsive. But not only in the reactive sense. They also emphasize crime prevention, and will provide self-protection instruction, safety awareness classes and office/building safety checks for your department or unit upon request.

Here are some UCSF Police Department extensions for you to memorize:

- Reports and inquiries: x61414
- For CED: x61061
- All Emergencies: x66911

New Dining Room

If you've peeked behind the curtains to see what's going on in the former Golden Gate Room of the Moffitt cafeteria complex, you probably concluded that major remodeling was taking place. You're exactly right. The area is being converted into more dining room space for the Moffitt Cafe & Grill. It will connect directly with the current dining room, bringing the total capacity to 535 seats. Considering this is 215 more seats than currently exist, you should have no trouble finding a place to sit down. Cafeteria manager Marilyn Jacobson says they expect the new area to open the first week of February—without any special fanfare or instructions. You just walk in, sit down and proceed as usual.

For the Seventh Time: Thanks UPS

For the seventh year in a row, a delegation from United Parcel Service made a special delivery to the Medical Center, bringing a check for $5,000. The money is a donation, given as part of UPS's annual gesture of "giving something back to the community."

One reason UCSF has been regularly included on the beneficiary list, explained UPS regional nurse Jane Duffield, is that they often call here for information and advice on medical care. "We rely on you a lot."

"We rely on you a lot, too," was the apt answer from Jackie Kuhn and Helen Ripple, the Medical Center's receiving party.

In This Issue!

- **Most successful United Way campaign ever,** see page two.
- **First recipients of the UCSF Martin Luther King Award,** see page six.
- **Symposium examines black health care crisis,** see page one.
- **Dine with your valentine at the Culinary Academy,** see page six.